

Two famous authors visit Sheridan

Award-winning authors Mary Carey and Jean Richardson honored the Sheridan School faculty and students Jan. 20 with a special program for students and another program for the monthly PTS meeting.

They talked in detail about their adventures in Alaska and other parts of the world.

Here's a little about the authors themselves.

Richardson, an award-winning author and a native Texan, leads two lives. In the summer she lives in Alaska where she manages Mary's McKinley View Lodge in Denali Park for her mother, noted author Mary

Carey.

In the winter, she writes children's books and visits schools from her home in Houston. She is a graduate of the University of Texas at Austin and taught school before beginning her writing career.

Richardson appears frequently on

radio and television and is a popular speaker at schools and universities.

She has presented copies of her books to the children of President Bush and England's Queen Elizabeth.

She has taught in seven states, including the Spring Branch School District where she now lives.

She is the mother of three children and active in several community organizations.

The idea for her first book, *Tag-Along Timothy Tours Alaska*, originated from her visits to Alaska where her mother resides.

Combining her interest in travel and photography with her love of teaching, she used the snapshots she acquired during her travels as authentic background for the artist to use in illustrating the story.

Since the release of her book, she has appeared on television and radio talk shows in both Texas and Alaska, including TV 2 with Ron Stone and Ron Regan in Houston, TV 3 with Kathryn Childers in Corpus Christi, TV 2 with Norma Goodman in Anchorage and KPRC Radio with Doug Johnson in Houston.

Her second book, *Tag-Along Timothy Tours Texas*, should be available soon.

She enjoys speaking to groups of children in schools and libraries, and can be contacted through her publisher for scheduling.

Without newspaper headlines, photos, magazine articles and books, Mary Carey's life story would be all but unbelievable.

Over 60 years of daring adventures and crusades are bundled into her incredible book, *My Three Lives*. Her exploits carry the reader from Texas to Washington, D.C., to Alaska and circling Australia.

In 1955, Mary won the National True Story Award with a fictionalized version of *Fugitives*.

To have used real names would have endangered her survival as well as the lives of others. Wounds were still fresh involving a prison escape in

which seven men were killed.

In the 1970s, Mary was named to *Who's Who in American Women*.

She became the first woman in the world to be on Mount McKinley during the winter; the first woman to fly over the nation's tallest peak in a small plane; and the first reporter to fly the Alaska Range.

Later, she was the first woman to homestead along a fly-in area on the flank of Mount McKinley, an area now part of Denali State Park, and established the world's first Fiddlehead (Ostrich) Fern Farm in 1983.

Between 1962 and 1965, Mary wrote four different weekly news columns, was news reporter and stringer for the *Associated Press*, the *Fair-*

banks News-Miner, the *Palmer Frontiersman*, the *Anchorage Times* and the *Anchorage Daily News*.

One honor of which Mary is particularly proud is the National Leadership Award, presented by the National Federation of Press Women for their press tour of Alaska in 1978. She and her committee wrangled everything from bus, helicopter and plane rides free of charge.

Mary says the real prize was when the oil companies provided a 56-seat Wein charter plane free of charge to Prudhoe Bay on the coast of the Arctic Ocean for the president of the Women of the Press from each state, as well as for Mary and her hard-working committee members.

CPR training schedule for the public

The annual CPR Mass Training Event for the public will be held Tuesday, Feb. 17, from 8 to 11:30 a.m. and 12 noon to 3:30 p.m. at the Zella Allen School of Nursing, Lacava Medical Center, Hallettsville.

The evening on Feb. 17 from 6 to 9:30 p.m., a CPR class will be conducted at the Sheridan Community Center.

Each 3-1/2 hour session will cover adult and pediatric CPR plus rescue techniques for choking victims.

Classes will be conducted by trained instructors according to American Heart Association Guidelines.

Two-year participation cards will be issued to those attending.

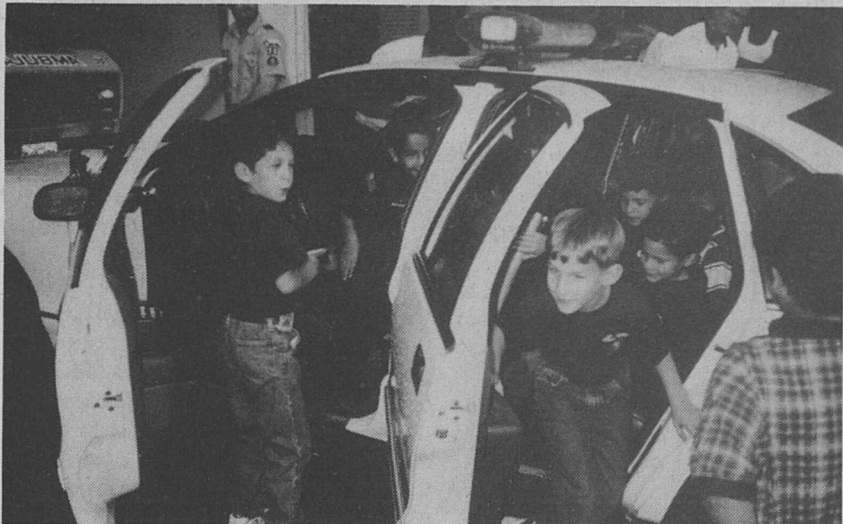
There will be a modest charge of \$6 for senior citizens (62 and over) and \$11 for others to cover materials and supplies used during the course.

Healthcare providers should add \$1 to the class fee to cover special materials used for their training. Advance registration is required, and persons wishing to enroll can call 512-798-2289 for any of the times listed, or 409-234-3921 for the evening course in Sheridan.

You can enroll by mail by sending your check to: Lavaca County CPR Assn., P.O. Box 407, Hallettsville, TX 77964. Specify the preferred time you want to take the class: 8-11:30, morning; 12-3:30, afternoon; or 6-9:30 evening.

The American Heart Association said thousands of lives could be saved each year by trained individuals who know CPR to stabilize heart attack, stroke and choking victims until advanced life support can arrive.

Learn CPR and Save a Life!



Cub Scout Pack 3078 took time to "scope out" the Eagle Lake Police Department's cars.

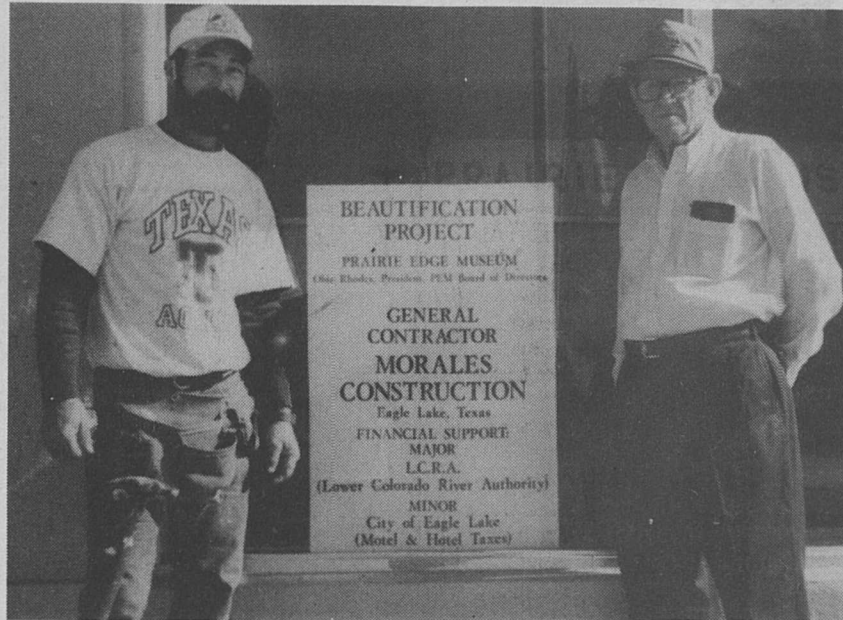
Photo Courtesy of Cub Scouts

SHERIDAN LIBRARY NEWS

The Sheridan Memorial Library received book donations in Jan. from: th Judy Reed, Jimmy "Pooky" Tesch, Eldon & Joyce Ohm, Jean & Zella Walker, Lavo and Ruth Brisco, Jenavee Peterson, Eddie Ray & Lois Taylor.

The library received the following memorials in Jan. in memory of Ar-

chie Vawter: Charles & Mary DeShazo, Reggie & Barbara Brisco, John & Ramona Ray, Joe Wendel; of Dorothy Wilson: Lavo & Ruth Brisco, Reggie & Barbara Brisco, John & Ramona Ray; of Ed Nay: Lavo & Ruth Brisco, McDowell & LaVerne Criswell; of Ed & Gladys Nay: Eldon & Joyce Ohm.



Museum sporting a new look

Prairie Edge Museum's beautification project, financed by LCRA and the City of Eagle Lake with the help of Morales Construction of Eagle Lake, has given the Museum a new look. "We're going to have the most beautiful building in the City," said W.H. Harrison Sr. Pictured above are Keith Ishee, a Morales Construction employee, and Harrison standing in front of the newly refurbished museum. Why not stop by and browse around. You never know what you'll find out about your heritage at the Museum on the prairie's edge.

Headlight Photo by Carol Cardenas



In the picture above, Mary Carey gives her daughter, Jean Richardson, a Texas hug. While in the photo below, Jean is shown autographing Amber Buegeler's arm.



Sheridan School Photo

Cub Scouts police station

Cub Scout Pack #3078 of Eagle Lake recently took a tour of the Eagle Lake Police Department.

The tour was given by Chief Keith Webb and Officer Bill Lattimore. They explained basic police procedures to the scouts.

A surprise, mock arrest of Mark Rotter, Cubmaster, got the attention of all the youngsters.

The scouts were lead through arrest procedures, starting with the search, to the fingerprinting, mug shot and ending with the Cubmaster being placed in a secure cell.

A question and answer period followed the tour.



Foot Facts



By Dr. Eric R. Tepper, Podiatrist

A PAIN IN THE ARCH

Let's say you wake up one morning and your feet are killing you. Here are some questions to ask: Did you do any heavy lifting the day before? Go hiking or climbing? Take an unusually long, vigorous walk? A yes to any of those could mean that you have aggravated a case of plantar fasciitis, a painful stretching or tearing of the fibrous tissue (the "fascia") that runs along the bottom of the foot (the "plantar"). Athletes are especially prone to plantar fasciitis, as are pregnant women due to hormone changes and the stress of carrying extra weight. Whatever the cause, treatment is essential to encourage healing and prevent further damage.

Do you have a painful foot problem? Don't hide behind these five dangerous words - maybe it will go away. Feet are vulnerable and prone to complaints, but most problems don't just disappear on their own. Your podiatrist can treat them effectively with medication, surgery, or other, less invasive procedures such as exercise or orthotics. Don't take your feet for granted - call us at 234-5571, at Rice Medical Center. I am there every Tuesday.

P.S. Rest and ice packs followed by heat will help ease the pain of plantar fasciitis, but professional treatment is often essential to healing.

Treat Your Valentine To Our Special Steak & Shrimp Dinner

\$10⁹⁹

Includes salad and potato

Or Enjoy Our All-You-Can Eat Seafood Buffet

Including Crawfish For Only

\$14⁹⁹

Sportsman's Restaurant

201 Boothe Dr.
409-234-3071